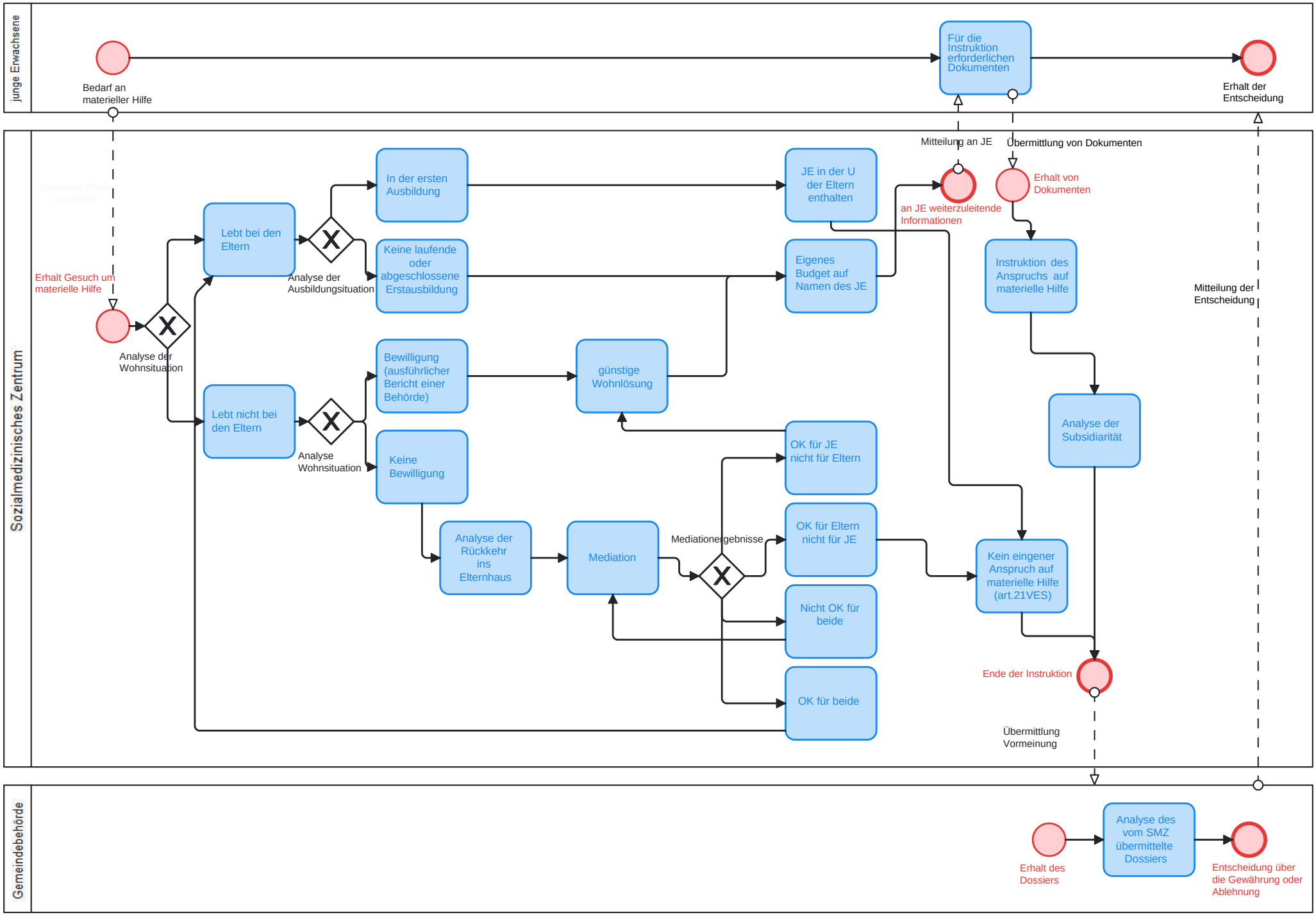Verfahren JE